



James Jarret Brown
VFW Post 8385
Newsletter
September 2020



Issue 2-20/21

CDR - Ben Atkinson
 Aux President - Flo Elmgren
 Chaplain - George Tweedy

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- **Contact Us:**

Post Phone:
 (912) 729-7933

Email:
 Vfw8385@gmail.com

Facebook:
 VFW Post 8385 James Jarret Brown

Website:
 www.vfw8385.org

Veteran Crisis Line:
 1-800-273-8255
 Text 838255
 Deaf: 1-800-799-4889

CDR Note

Greetings! I want to thank all those that have been coming out to support the Post even with the restrictions we have in place. I truly thank each and every one of you. The Auxiliary President and I also appreciate the hard work that has been going into our weekly wing night and our Tuesday night dinners. We cannot say enough for those of you who volunteer to work these weekly events. The next thing up on our agenda is our Patriots Pen and Voice of Democracy programs. If you have any questions, please contact Linda Bryan at (912) 552-9315 or grandmabryan14@gmail.com or Dennis Gagliardi at dlgagliardi@tds.net.

I consider it an honor to serve as your Post Commander and want to thank all that have been there to answer the call and help along the way. Remember, we are here to help veterans so let us get out in the community and show them what we are here to do.

Aux President Note

We are back in the swing of things. Thank you all who support our dinners. As a reminder, there is a sign-up sheet in the Post for each dinner. If you plan on attending please sign up as this helps us determine how much food to buy and prepare. Sign-up by 6 p.m. on Mondays for all meals and if you are able to help with even just one Monday, it would be greatly appreciated. Sept 29th our dinner will be a Taco Tuesday prepared by Buck and Rob so get signed up early.

I will be away from 24 Sept until 11 Oct but I will have my laptop and hone with me so I can still be contacted. I am having health issues and really need some help with our dinners if we are going to continue them. They are a great deal for the Post and our Auxiliary and would hate to see them go away. Thank you all for everything you do.

Chaplains Corner

My brothers and sisters I am truly impressed with the dedication and generosity of our Post. I received a call from the District chaplain asking for donations for those affected by Hurricane Laura. The challenge was the donations were needed within 24 hrs. Your Post rose to the occasion by donating an entire van full of items and was delivered to Richmond Hill by 0900 the next day. This shows the dedication and determination to accept these challenges and I would like to thank all those who participated in gathering and delivering donations. I hope that our community never has to endure the wrath of a hurricane however if we do, I certainly hope that an organization would come to our aid as we did for them.

This reminds me of a passage and I would like to share with you. When Jesus was preparing to begin his ministry, he prayed. Before Jesus selected the 12 who would walk with him, he prayed. When Jesus gave comfort to his confused followers, he prayed. If you are facing challenges in your life that you think is impossible, Pray. Prayer is powerful and God loves each and every one of us. The challenges you are facing, God already knows about them and already has a solution. Trust in God and the solution to those challenges will be revealed. I would like to close with "The harvest is abundant, but the workers are few. Therefore, pray to the Lord of the harvest to send out workers into His Harvest."

God Bless!

National Suicide Prevention Month

September is National Suicide Prevention Month. This month places a particular emphasis on observance and awareness and does not extend only to veterans but everyone at risk.

Facts/figures are:

According to a 2019 Congressional Report, between 2006 and 2018, 3,863 service members ended their own lives while only 2,710 were Killed in Action (KIA).

- The 2018 numbers by branch:
- Army – 139
- Marine Corps – 58
- Navy – 68
- Air Force – 60

Veterans are 1.5 times more likely to die by suicide than civilians and for female veterans that number jumps to 2.2 times more likely.

Signs

The signs of suicidal behavior are:

- Excessive sadness or moodiness
- Hopelessness
- Sudden calmness
- Withdrawal – Choosing to be alone all the time
- Changes in personality or appearance
- Dangerous or self-harmful behavior
- Recent trauma or life crisis
- Preparing or Threatening/talking about suicide

If you observe any of these signs.....**SAY SOMETHING!** All it may take to keep someone from hurting themselves is talking to them or pointing them in a direction for help.

Call
Veteran Crisis Line
1-800-273-8255
Text 838255

Deaf/Hearing Impaired: 1-800-799-4889

Auxiliary Tuesday Night Dinners



Sept 1st

Post Roast w/ Mashed Potatoes, Carrots, Green Beans, Roll & Desert

Sept 7th

Meatloaf, Mashed Potatoes & Gravy, Corn, Roll, & Desert

Sept 15th

Chicken Breast or Chicken Leg Qtr. Mashed Potatoes & Gravy, California Veggie Blend, Roll, & Desert

Sept 22nd

Pork Loin, Au Gratin Potatoes, Peas or Corn, Roll, & Desert

Sept 29th

Buck and Rob Taco Tuesday & Desert

All menus and dates are subject to change

Kat's Café

Kat Carnes is our daily kitchen staff and works hard to serve up delicious lunch items Monday thru Friday. If you haven't had her homemade chicken salad.....you're missing out!

Finger Food

Lumpia		\$ 4.00
Corn Dog		\$ 2.00
Jalapeno Poppers		\$ 3.50
Fries	Small or Large	\$ 1.50 or \$ 2.50
Onion Rings		\$ 3.50
Mozzarella Sticks		\$ 4.00
Burgers & Sandwiches		
Hamburger w/ chips		\$ 5.00
Cheeseburger w/ chips		\$ 5.50
Grilled Cheese w/ chips		\$ 3.00
Beef Hot Dog		\$ 2.00 or 2 for \$ 3.50
Homemade Chicken Salad w/ chips		\$ 5.00
Chicken Tender Plate w/ fries		\$ 5.00

Wednesday Lunch Specials

Sept 2nd

Chicken Quesadillas w/ Sour Cream and Guacamole

Sept 9th

Pancit w/ Lumpia

Sept 16th

Tacos (Hard/Soft Shell) w/ Mexican Rice

Sept 23rd

Cuban Sandwiches w/ French Fries

Sept 30th

Reuben Sandwiches w/ French Fries

All menus and dates are subject to change

September Important Dates

National Suicide Prevention Month

2nd - V-J Day (Victory over Japan)

7th - Labor Day – Sept 7th

11th - Patriot Day – Sept 11th

17th – 23rd - Constitution Week – Sept 17th – 23rd

17th - Citizenship Day – Sept 17th

18th - Air Force Birthday (USAF)

Secretary of Defense Birthday

Air National Guard Birthday

National POW/MIA Recognition Day

Gold Star Mother's Day

Post Dates

9th – House Committee Meeting

12th – Steak Night w/ Bluff 5 Band

17th – Post/Aux Meeting

19th – Riders Group Meeting

VFW Riders Group

The RG is in full swing gearing up for our annual Circle the Swamp Ride on Oct 3rd. You do not have to ride a motorcycle to participate! Cars (or Cages) are welcome!

We have participated in various rides within our local community supporting different groups/clubs and have donated over \$ 800 in support. Supporting VFW programs is important but it is equally important that we show support in our community. After all, it's our community that supports us.



POST 8385 VFW RIDERS GROUP



6th Annual

Circle The Swamp

In Memory of the Fallen...

Dan Menard Al Coker Ron Keller

Ruben Martinez Steve Wright Frank Thornal

Saturday - October 3rd

Rider - \$20 / Pass - \$5

First 50 Riders registered - receive a CTS T-Shirt

Dice Roll—Highest/Lowest totals Winner

50 /50 and other prize raffles

Stop TBD but includes 170 miles of Freedom!

Entertainment - Black Sheep Blues Band

Auxiliary Breakfast @ 9:00

Registration from 9:00 to 10:00

KSU @ 10:00

Boy Scout Troop 8385



Troop 8385 was chartered in October 2015. The troop was born out of the dissolution of another troop in Kingsland, GA. The desire of the leadership was to remain a troop of their own and not join another existing Troop. This led to parents seeking out a new home and charter organization and this is where Post 8385 stepped in.

Once joining with Post 8385, the Troop decided to adopt the numbers of their Charter organization. They also decided to adopt the colors of Red, White, and Blue to pay homage to the Flag of the United States and honor those that have served and paid the ultimate sacrifice for defending it.

The Troop began with 12 scouts and 4 leaders and has since grown to over 23 Scouts while producing 6 Eagle Scouts in the last 5 years. The Troop has earned various merit badges by the hundreds in their process of becoming Eagles. Troop 8385 is involved in various community projects as well as projects at the Post. There is no reason to believe they will not continue to do great things as they move forward.

September 2020

Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1	2	3	4	5 Aux Breakfast Cancelled
6	7 Labor Day Wing Night Cancelled	8 Aux Dinner	9 House Cmt Mtg 1800	10	11	12 Steak Night 1830-2000 w/ Bluff 5 Band
13 Nachos by Ed/Lois	14 Wing Night	15 Aux Dinner	16	17 Post/Aux Mtg 1800	18 National POW/MIA Recognition Day	19 Aux Breakfast 0900-1100 Rider Group Mtg 1000
20 Nachos by Ed/Lois	21 Wing Night	22 Aux Dinner	23	24	25	26
27	28 Wing Night	29 Aux Dinner	30			

Happy 73rd Birthday U.S. Air Force



USAF became its own service on 18 Sept 1947. It started as:

Aeronautical Division, Signal Corps
Aviation Section, Signal Corps
Division of Military Aeronautics
Air Service, U.S. Army
U.S. Army Air Corps
U.S. Army Air Forces

Aug 1907 – Jul 1914
Jul 1914 – May 1918
May 1918
May 1918 – July 1926
Jul 1926 – Jun 1941
Jun 1941 – Sept 1947